

PACKAGE RATES



Call Colleen 802.598.3154

4-Pack Massage Special

\$220+ value, Save at least \$30

your price **\$190**

12-Pack Massage Special

\$660+ value, Save at least \$165

your price **\$495**

8-Pack Massage Special

\$440+ value, Save at least \$90

your price **\$350**

Gift Certificates:

30 min. Swedish massage \$35

60 min. Swedish massage \$55

90 min. Swedish massage \$75

New Leaf Bodywork is now accepting all major credit cards.

Two convenient locations:



905 Roosevelt Hwy., Colchester, VT



14 Swanton Road, St. Albans, VT

Massage Benefits

Massage clients enjoy not only relaxation, but the health benefits of massage. In addition to providing relief from anxiety, pain and stress, research shows massage provides beneficial effects to the immune system and lessens the frequency of headaches. While massage may be perceived as a luxury by some, these health benefits are becoming more widely understood as medical professionals increasingly recommend massage for various conditions, especially back pain and sports injuries.